

DETLEF DECKER

SUMMARY:

I teach conflict and stress management strategies by investigating Aikido and T'ai Chi Ch'uan principles as a means to resolving conflict and stress in a positive non-violent way. These principles can be used as practical application tools in diverse fields, such as business, law, medicine, education, athletics, the arts, politics and peacemaking. The essence of my approach to teaching is mindfulness, meaning doing one thing at a time.

MY TEACHING PHILOSOPHY:

Teaching is a constant process; it goes on every moment of the day. To teach is to demonstrate. From the demonstration students learn and so do I. Teaching is a method of conversion, it allows me to teach students what I am, and what they are to me. No more than that, but also no less.

QUALIFICATIONS:

Aikido: Sandan/Instructor

T'ai Chi Ch'uan: Master Instructor

Reiki: Master

Certifications: Sport Safety Training
Standard First Aid
Adult and Child CPR/AED

Education: Fachhochschule/University of Applied Sciences
Cologne, Germany 1974

Language: English, German, basic Russian

PERSONAL CHARACTERISTICS, SKILLS:

- In-depth understanding of Aikido, T'ai Chi Ch'uan, and Eastern Philosophy
- Mindful approach to teaching and life
- Strong communication and interpersonal skills
- Critical thinking and analytical skills
- Proven leadership and negotiation skills
- Service orientated and collaborative skills
- Creative with excellent computer skills
- High degree of integrity and maturity

DETLEF DECKER

TEACHING QUALIFICATIONS:

1999 – 2008

Title: Instructor (99-02) Head Instructor (02-08) – Palouse Aikido
Organization: ***Palouse Aikido at Washington State University Recreation, Pullman, WA***

Classes Taught: Basic, Intermediate and Advanced Aikido
Aikido Weapons (Bokken, Jo, Tanto)

1999 - 2008

Title: Master Instructor – T'ai Chi Ch'uan
Organization: ***Washington State University Recreation, Pullman, WA***

Classes Taught: T'ai Chi Ch'uan (Yang) – short and long forms
T'ai Chi Ch'uan (Chen) – long form
T'ai Chi Push Hands
T'ai Chi Sword
T'ai Chi Knife
T'ai Chi Double Stick/Double Knife
T'ai Chi Staff
Chi Kung
Taoist Meditation
Shaolin Kung Fu

1996 – PRESENT

Title: Master Instructor – Reiki
Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by laying on hands.

Classes taught: Reiki Level 1 – 3 (Beginners to Master Level)

2004 - 2009

Title: Guest Instructor
Organization: ***Spokane Aikido, Spokane, Washington, USA***
Aikido Club at Purdue University, West Lafayette, IN, USA

Classes taught: Workshops and General Aikido Classes

1998 - 1999

Title: Instructor
Organization: ***Aikido Club at the University of Maryland, College Park, MD***

Classes taught: Saturday Classes

DETLEF DECKER

AIKIDO – TRAINING AND EDUCATION

2000 - PRESENT

Organization: **Big Sky Aikido, Bozeman, MT, USA (ASU Organization)**
Instructor: *Greg Olson Sensei (5th Dan)*

1993 – 1999

Organization: **Aikido Shobukan Dojo, Washington, DC (ASU Organization)**
Instructors: *Shihan Mitsugi Saotome Sensei (8th Dan), Patty Saotome Sensei (6th Dan), and other senior students*

1985 - 1993

Organization: **New York Aikikai, New York, NY (USAF Organization)**
Instructors: *Shihan Yoshimitsu Yamada Sensei, Shihan Seiichi Sugano Sensei, Shihan Donovan Waite Sensei (Uchi deshi at that time), and other senior students*

AIKIDO – YUDANSHA RANKING

2004 - Sandan

Location: **Bozeman, MT, USA**
Tested by: *Shihan Hiroshi Ikeda Sensei (7th Dan)*
Promoted by: *Shihan Mitsugi Saotome Sensei (8th Dan)*

2002 - Nidan

Location: **Bozeman, MT, USA**
Tested by: *Shihan Hiroshi Ikeda Sensei (7th Dan)*
Promoted by: *Shihan Mitsugi Saotome Sensei (8th Dan)*

1996 - Shodan

Location: **Washington, DC, USA**
Tested by: *Shihan Mitsugi Saotome Sensei (8th Dan)*
Shihan Hiroshi Ikeda Sensei (7th Dan)
Promoted by: *Shihan Mitsugi Saotome Sensei (8th Dan)*

DETLEF DECKER

T'AI CHI CH'UAN - TRAINING

1985 - 1988

Organization: **Ahn Tai Chi Studio, New York, NY, USA**

Instructor: **Grand Master Don Ahn**

Grand Master Ahn, Founder and Director of the Ahn Tai Chi Studio, established in New York City in 1970, studied T'ai Chi Ch'uan with the late Professor Cheng, Man-ching from 1964 – 1970. Grand Master Ahn also studied briefly with Master Yang, Sui Chong, eldest son of Yang, Cheng Fu (Professor Cheng's Teacher) in Hong Kong.

1988 - 1992

Location: **New York City, NY, USA**

Instructors: **Grand Master Yu, Cheng-hsiang**

Born in Shanghai in 1929, Grand Master Yu studied Shaolin at age 15 to control asthma. In 1949, he moved to Taiwan, where he studied Yang-style T'ai Chi Ch'uan with Cheng Man-ching. Ten years later, Grand Master Yu was teaching teachers. He came to New York in 1979 where he continues to teach.

OTHERS

PhD Advisor

Location: **Washington State University**

Student: *Art K., PhD, DVM (Veterinary Medicine)*

Fernanda S.M.G., PhD (Food Science)

Note: Received credit in PhD thesis as Aikido teacher and spiritual advisor.

CONTACT INFORMATION

Detlef Decker

Cork Open Centre

- Aikido Shobukan Dojo Cork

- Cork City Tai Chi Chuan Studio

College Commercial Park (above Ricky Galvin Tyres)

Magazine Road

Dennehys Cross

Cork City, Co Cork, Ireland

Phone: (+353) 085-764 2423

Internet: www.AikidoShobukanCork.com

www.AikidoCork.ie

www.TaiChiCork.com

Email: aikidecker@gmail.com

detlef@detlefdecker.com