



Aikido



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Find Your Centre at the Cork Open Centre



Head Instructor: Detlef Decker Sensei

- ✓ Over 30 years of internal martial arts experience
- ✓ Professional Hombu certified Shidojin Instructor (Yondan/4th Dan IAF, IrAF, ASU)
- ✓ Member of the International Aikido Federation (Japan), Aikido Schools of Ueshiba (ASU, USA), and the Irish Aikido Federation
- ✓ Students receive internationally recognized Aikikai gradings
- ✓ Convenient evening classes
- ✓ Free parking
- ✓ Great value

Cork Location/Contact:

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“There is no contest in the Art of Peace. A true warrior is invincible because he or she contests with nothing. Defeat means to defeat the mind of contention that we harbor within.”

Morehei Ueshiba, Founder of Aikido